



**Are there additional charges for the No Scalpel/No Needle vasectomy?**

No, we offer an all inclusive fee. There are no hidden charges. Our fee includes:

- Initial consultation and counseling required by the State of California.
- No Scalpel/No Needle vasectomy.
- All routine post-procedure care and semen analyses.

**Are the results guaranteed?**

We absolutely guarantee your results! Your procedure will be 100% successful or we will refund your money or repeat your procedure without charge. Our years of successful experience allow us to make this remarkable guarantee.

**How do I schedule a consultation for the No Scalpel/No Needle vasectomy?**

Just give us a call at 888-735-4336. We can schedule a convenient appointment for you and answer all of your questions.

**We look forward to welcoming you soon to Pacific Coast Urology Medical Center, the practice of Dr. Robert Pugach, named as one of America's Top Physicians!**

**Visit [www.pacificcoasturology.com](http://www.pacificcoasturology.com)  
888-735-4336**

Is your family complete?  
Vasectomy is your worry free choice.

**No Scalpel/No Needle Vasectomy**

- Safe and Effective
- No Needles
- No Incisions
- No Scalpel
- In-Office Procedure
- No Anesthesia

**CALL TODAY!**

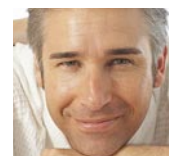
*We can schedule a convenient appointment for you and answer all of your questions.*

**888-735-4336**

**More questions?**

*Call us to speak with our Vasectomy Counselor or email us. Contact us:*

**[www.pacificcoasturology.com](http://www.pacificcoasturology.com)**



**The No Scalpel/No Needle Vasectomy Answer Booklet**



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No Scalpel/No Needle  
Vasectomy...100% Guarantee!

Welcome to  
Pacific Coast Urology Medical Center

Thank you for contacting Pacific Coast Urology Medical Center for your No Scalpel/No Needle vasectomy. At our center, Dr. Robert Pugach specializes in the latest vasectomy techniques to make your vasectomy a safe, effective and comfortable experience.

Since helping to pioneer the No Scalpel/No Needle vasectomy in the western United States, our center has gained considerable expertise. Since beginning our practice, Dr. Robert Pugach has personally performed more than 2,000 vasectomy procedures.

We have prepared this Vasectomy Answer Booklet to help you understand the remarkable No Scalpel/No Needle procedure. We encourage you to call or email us if you have any additional questions or would like more information.

We appreciate your trust and confidence in selecting Pacific Coast Urology Medical Center. We look forward to providing you with the finest in urological care.

## What is a vasectomy?

A vasectomy is a procedure that cuts the two tubes that carry sperm from the testicles to the ejaculatory ducts in the prostate. Since the majority of semen in your ejaculate is made from fluid that comes from the seminal vesicles, you should see almost no change in the volume or consistency of your ejaculate after your vasectomy.



### What is the difference between a traditional vasectomy and the No Scalpel/No Needle vasectomy?

In a traditional vasectomy, a scalpel is used to make one or two incisions in the scrotum. These are large enough to require stitches to close them. With the No Scalpel technique, tiny tips from a special clamp are used to gently separate the skin edges approximately 3/16th of an inch. The entire procedure can be done through this small opening and stitches are rarely required. The smaller opening and shorter procedure time (typically 10-15 minutes) result in faster recovery and less pain.

The No Needle technique is the latest improvement offered by Pacific Coast Urology Medical Center. Instead of passing a sharp needle through your skin several times to inject novocaine, Dr. Pugach will use the No Needle device. This sprays novocaine at high speed to and through your skin surface. Nothing sharp will penetrate your skin - all you will feel is a slight stinging sensation from the spray for a few seconds.

### How much pain will I experience?

The pain after a No Scalpel/No Needle procedure is minimal. Most of our patients use the words "minor ache" or "discomfort" rather than pain. Remember, there is no scalpel and no needle!

### Where will my No Scalpel/No Needle vasectomy be performed?

There is no need for a hospital or outpatient surgical center. Dr. Pugach will perform your No Scalpel/No Needle vasectomy in the comfort and convenience of the Pacific Coast Urology Medical Center offices. You will enjoy the professionalism, hospitality and cheerfulness of our staff and our biggest, exclusive feature: a large flat screen television mounted on the ceiling above our procedure table. (*Los Alamitos office only*) You'll be surfing channels while we start your procedure and won't have time to finish your favorite program before we tell you "you're ready to go home!"

### When can I resume activities?

The key to having a good post-vasectomy experience is to take it easy for the first 24 - 36 hours. This minimizes swelling and allows you to have a faster recovery. You will have some gauze dressings and a scrotal supporter on for 48 hours, after which you can shower and resume all activities. There are no limitations. While you may have a minor ache for a few more days, the No Scalpel/No Needle technique results in an easy post vasectomy experience for almost everyone!

### What happens to my sex life after a vasectomy?

The answer is almost always simple...NOTHING! A vasectomy results in an interruption to the flow of sperm. Nothing is done to change the blood flow to your penis that causes an erection and nothing is done to change your hormone levels so your libido (sex drive) doesn't change. Many men report an improvement in their sex lives because sexual activity can be much more spontaneous after a vasectomy.

### How long will it take for my sperm count to be zero?

It typically takes at least 6 weeks to clear out all of the sperm from the tubes that are still connected to the ejaculatory ducts in your prostate. Roughly 20 ejaculations are required. We typically check samples 6 and 10 weeks after your procedure. When you have two samples given one month apart that show zero sperm, Dr. Pugach will tell you that it is safe to have sexual activity without contraception. Until then, you should be sure to use appropriate protection to prevent a pregnancy.

### Can my vasectomy be reversed?

For most patients, the answer is yes. Modern microsurgical vasectomy reversal methods, for which Dr. Pugach has received specialized training, can be successful in up to 90% of patients. However, you should not have a vasectomy unless you are sure that you do not want to have more children. In fact, the state of California requires that you sign a consent form before your procedure that says a vasectomy should be considered a permanent procedure.

### Is it safer for a man to have a vasectomy or for a woman to have her tubes tied?

That's easy—it's safer for a man to have a vasectomy. A vasectomy is done through the scrotum and requires only a local anesthetic. With the No Scalpel/No Needle technique there is no scalpel incision and no needle ever penetrates your skin. It is done in the comfort of our offices. In contrast, a tubal ligation requires a general anesthetic and penetration of the abdominal wall. It must be performed in a hospital or a surgery center.