



By ROBERT PUGACH, MD

**T**he answer may surprise you! According to consumer research, every year during the NCAA men's basketball tournament not only is there an increase in college applications and purchases of high definition televisions, but more vasectomies are done! Throughout the U.S., urologists are promoting "March Madness Vasectomies." For my practice, it's a fun and engaging way to start a conversation on male responsibility for birth control and dispelling myths about a vasectomy.

Every year, more than 500,000 men have vasectomies. The primary reason is that it's reassuring to know that there is no chance of an unwanted pregnancy. For couples, it's comforting to realize that a vasectomy is safer, less painful and far less expensive than a woman undergoing a tubal ligation.

At the Advanced Vasectomy Center of Pacific Coast Urology Medical Center, we specialize in the No Needle No Scalpel Vasectomy. The procedure uses no needles and no scalpels, takes 15 minutes to perform and let's men resume most activities within 48 hours!

Men, we take away the stress, worry and fear of undergoing a vasectomy. A vasectomy is not painful, doesn't affect your sensation and won't decrease the volume of your ejaculate.

So, even though March Madness is over, don't wait for next year's playoffs! If you are looking for a permanent form of birth control, a No Needle No Scalpel Vasectomy is the way to go. Find out more about our post March Madness Vasectomy package while supplies last!

Visit [www.advancedvasectomy.com](http://www.advancedvasectomy.com) or call Kim at **844-EASY VAS (844-327-9827)**.

Schedule your vasectomy on a Friday, then relax and enjoy your weekend. Make your couch potato time count!

#### ABOUT DR. ROBERT PUGACH

The Vasectomy Center of Excellence at Pacific Coast Urology Medical Center is the #1 practice in Southern California for the remarkable No Needle No Scalpel Vasectomy. We invite you to view our patient videos at [www.advancedvasectomy.com/patient-comments/video-testimonials/](http://www.advancedvasectomy.com/patient-comments/video-testimonials/) and learn from the experiences of our many patients.

**EXPERIENCE COUNTS...TRUST A VASECTOMY SPECIALIST.**

