



by Robert G. Pugach, M.D.

My offices have been strangely quiet these past few weeks as we've all honored California's "Shelter in Place" order.

As the largest provider of No Needle/No Scalpel Vasectomy services in the western United States, our usual full vasectomy schedule has taken second place to the need for social distancing.

That is starting to change. As the COVID-19 pandemic starts to wind down, we are seeing a dramatic increase in scheduled vasectomies starting in May. Here are some vasectomy facts:

**Vasectomies are common – the No Needle/No Scalpel technique is not !**

- Every year, more than a half million men have a vasectomy in the U.S. It's the 4<sup>th</sup> most common form of birth control in the United States. A vasectomy is the clearer, safer and easier choice when your family is complete!
- I and my wonderful staff at Pacific Coast Urology Medical Center,

have been acknowledged as a national leader in the No Needle/No Scalpel Vasectomy. That's why our vasectomy appointments are typically full throughout every year. Less than 5% of urologists in the U.S. are formally trained in this technique.

- In recognition of Governor Newsome's order, however, we have deferred all elective procedures, including the minimally invasive No Needle/No Scalpel vasectomy. This protects you and our staff and preserves vital office resources for front line healthcare workers in hospitals.

**A Vasectomy is a Quick Procedure with No or Minimal Pain**

Here's what we say about the No Needle/No Scalpel Vasectomy

- No Needle
- No Scalpel

- 15 Minutes
- No kidding!

You'll be back to normal activities within a few days. And, we mean "all" normal activities!

**Recovery is Easy**

Immediately after your No Needle/No Scalpel Vasectomy, you can drive home. We ask that you take it easy at home for 2 days. That's typically all the recovery time you need!

**A Vasectomy Doesn't Interfere with your Erections or Sexual Pleasure**

A vasectomy does **NOT** interfere with erections. A vasectomy interrupts the passage of sperm during an orgasm, but hormone (testosterone) levels, blood flow and your ability to get erections and achieve orgasms are not changed. In fact, many couples experience an improvement in their sexual relations because there is no

concern about pregnancy, so there can be more spontaneity.

## **A Vasectomy is the Most Effective Form of Contraception**

Vasectomies are the most effective method of birth control. In our 35 years of experience at Pacific Coast Urology Medical Center and Advanced Vasectomy, there has never been a long term failure!

## **Is Your Family Complete?**

Why wait? It's time to schedule your consultation for a No Needle/ No Scalpel Vasectomy. Remember, Pacific Coast Urology Medical Center's vasectomy is:

- Safe and effective
- Performed in our conveniently located offices, with minimal discomfort
- Completed in approximately 15 minutes
- Gives you the fastest recovery time

## **Take Advantage of our Momentary Lull to Schedule Now!**

- Don't wait! Call or email today! Remaining openings are limited but we do have some availability.
- We **also offer telephone and on-line consults** – in fact, we've been doing these for 5 years for our many out of area, out of state and out of country patients so we're ahead of the pack for Telemedicine! Patients travel from all corners of the world to see us!
- Check our website with our video testimonial library: [www.advanced-vasectomy.com](http://www.advanced-vasectomy.com)



Call, **844-EASY VAS (844-327-9827)**, to schedule your consultation in one of our two convenient offices:

**5 Star Certification by the Vasectomy Quality Council!**